

HAVE YOU BEEN SCAMMED?

If not, you probably know someone who has. Scamming is an increasing problem, here and everywhere. Australians are losing \$20m a month to scammers.

Scamming is a sophisticated crime – scammers are very persuasive, and well informed about you before they call, text or email.

Don't Get Hooked

1. If someone phones, texts or emails, offering to protect you from a scamming attack, **DO NOT CONSENT**, and **DO NOT SHARE INFORMATION**. **DO NOT ENGAGE IN CONVERSATION**. **HANG UP IMMEDIATELY**. No legitimate law-enforcement agency initiates phone conversations.

2. Call your bank or credit union and ask if there is an issue with your account. Tell them you have been contacted - perhaps by a scammer?

3. Report the contact at once, to IDCARE on 1800 595 160, cyber.gov.au, or the Australian Cyber Security Hotline - 1300 292 371.

WET WIPES DON'T FLUSH!

Baby/wet wipes marketed as flushable are causing major issues in the wastewater system and environmental hazards.



Around 3,500 blockages occur in the Sydney city system each year, with wet wipes being the main contributor; it's estimated that they cause up to 75%

of all sewer network blockages.

Do not flush anything except toilet paper down the toilet - no tissues, baby wet wipes, feminine products, makeup wipes, etc. They do NOT break down despite what the product label says.

In one building the sewer pump was blocked by sanitary products, mainly wet baby wipes, which had accumulated in the tank over the years. The trucks pumped 12,000 litres of sewage, costing the building thousands of dollars.

EVENTS AT MAYBANKE CENTRE

A singing class has just started at the Maybanke Centre on Harris Street (behind the basketball court). Thursdays 1-3pm, free. To enquire or book call 9298 3134 or email pymontcc@cityofsydney.nsw.gov.au



A free all day bus trip will take you to Mingyue Buddhist Temple and Cabramatta on Friday 28 June. Visit one of the largest Chinese

Buddhist temples in the southern hemisphere. To book call 9298 3134 or email pymontcc@cityofsydney.nsw.gov.au

MAPPING OF PRE-COLONIAL SYDNEY

Brian Webber from the University of Sydney uses archaeological and research skills of the ancient world to tell us about Sydney prior to the arrival of the First Fleet.



On Sunday 16 June at 5pm, join us at the Station to hear the talk and stay for the drinks and nibbles - free, donations welcome.

Note: postponed from May due to illness.

GLEBE YOUTH SERVICE

Blair Casey will describe the work of the Glebe Youth Service (GYS) this Saturday 8 June from 9am at the Station. Blair is a member of the Management Committee and works as a volunteer for GYS.



Many of these families live in social housing, and the economic crisis has made it particularly hard to pay for electricity, food and to meet the needs of their young people.

Followed by refreshments. All welcome.

You can also support services for these young people by donating on the website:

<https://www.givenow.com.au/glebeyouthservice>

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Extra copies are available from the estate management office, or the website: jacksonslanding.net.au/about-jacksons-landing/whats-on

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EMERGENCIES 000 * SECURITY OFFICERS AT THE GATEHOUSE 8565 9494

18 years of providing premier service! Proud sponsors of Pymont Cares

Call us for any advice for all your property needs.

Pymont Community Centre is closed for up to 2 years for renovations
Activities have moved to Maybanke Recreation Centre, 87-89 Harris Street
Ultimo Community Centre, cnr William Henry Street & Bulwara Road Ultimo
Harold Park Community Hall, Tramsheds, 1 Dalgal Way, Forest Lodge

For more information, ring the centre on 9298 3134

When	What	Where	Who to Contact
Saturday 8 June 9am	Pymont Supports - Glebe Youth Service - see over	JL Station	Libby 0404 492 444
Sat 15 June 9am	Knitting together - put squares together	JL Station	Mary 0410 679 204
Sunday 16 June 5pm	History Talk - Mapping Pre-Colonial Sydney - see over	JL Station	Peter 0450 974 848
Friday 28 June 6-8pm	Pymont Community Dinner - all welcome. BYO drink & a small donation	Tramsheds, Forest Lodge	Mary 0410 679 204
REGULAR ACTIVITIES			
Sundays 7am	Pymont Run Group - free, all levels welcome	Meet near kiosk (PKK)	Karen 0408 477 778
Sun, Wed 8.30am	Landcare - bring bush back to Pymont	Around Pymont	Deb 0418 708 221
Sundays 9-11am	JL social tennis - JL residents welcome, \$1 for balls	JL Tennis Courts	Anthony 0404 876 927
Mondays 11am	Pymont Supports Coffee Hour & chat	Pirrama Park Kiosk (PKK)	Libby 0404 492 444
Mondays 12.45-2.45pm	Scrabble - tea and bikkies available	JL Station	Carol 0447 631 113
Monday 12-3pm	Crochet social group	Maybanke Centre	Sarah 9298 3134
Monday 6pm	Local Running Group - free, all welcome	Meet at Laneway	Karie 0439 727 537
Tues, Thurs 6.30am	Boot camp - all ages and fitness levels	Meet Refinery Square	Karen 0408 477 778
Tues, Fri 9-1.30	Pickleball - must call to book first time	Maybanke Centre	Cinthya 0402 658 886
Tues, Fri 10-11am	Aquarobics - call to book first time	Glasshouse Pool	Lorraine 0419 021 309
Tues 12.30-2.30pm	Crochet for Beginners	Maybanke Centre	Centre 9298 3134
Tuesdays 2-3pm	Yoga - \$15 per class, all levels welcome	JL Station	Julie 0411 085 393
Tuesdays 3pm	Ballroom Line Dancing	JL Station	Wendy 0402 065 585
First Tuesday 7pm	Book Club - contact Louise for details	The Point Hotel	Louise 0403 066 559
Wednesday 9am	Pymont Walkers - details emailed weekly	Various walks	Sue 0423 717 237
Wed 8.30-9.30am	Yoga - gentle lessons for everyone. \$10 per class	Zoom	Helen 0407 949 073
Wed 10.30am-12noon	Meet for coffee and a chat - esp newcomers	Zebra Lounge, 1 Harris	Regina 0409 174 986
Wed 12.15-1pm	Outdoor body blast with George	Maybanke Centre	Centre 9298 3134
Wed 3-5pm	Ukulele Group - free, all levels welcome	Maybanke Centre	Centre 9298 3134
Wed 6-6.45pm	Outdoor boxing class with George	Maybanke Centre	Centre 9298 3134
Wed 2-2.45pm	Gentle fitness classes - \$9.50, \$4.60 conc	Ultimo Centre	Centre 9298 3111
Thurs 10am-12noon	JL social tennis - JL residents welcome, \$1 for balls	JL Tennis Courts	Nicki 0492 466 859
Thursdays 1-2pm	Pymont Tai Chi - text Louise to register	JL Station	Louise 0410 610 326
Thursdays 1-3pm	Singing Class for Beginners - see over	Maybanke Centre	Centre 9298 3134
Third Thursday 7pm	Pymont Photography Group - Zoom.	Email Heather - heathercruising@hotmail.com	
Fridays 6.30am	Run Group - all levels welcome	Light rail stairs	Karen 0408 477 778
Fri 10.30-11.30am	Zumba	JL Station	Zarala 0406 166 565
Fri 10.30am-12.30pm	Stitching Circle - sew, knit, chat, make friends	Maybanke Centre	Fiona 0414 741 931
Fridays 10.30am-12	Walking Soccer - for over 16s	Maybanke Centre	9298 3134
FOR KIDS			
Monday 10.30-11am	Storytime	Maybanke Centre	9298 3134
Monday 10-11am	Chess for Toddlers	Harris Centre	9552 1140
Mondays	Soccer -18 mths-11yrs-\$105-114/mth. See website	Refinery Square	sydneylions.com.au
Mon, Tues - check website	Miss Jacqui's Ballerinas	465 Harris St Ultimo	missjacquisballerinas.com
Tues 10-10.45am	Preschool Music and Movement	JL Station	Julie 0401 101 171
Thurs 10am-12pm	Playgroup for 0-5 year olds	Harris Centre	9552 1140
Friday 4-5pm	Basketball Workshop - 8-14 yrs - free	Maybanke Centre	Mereani 0477 712 494